



WILD FOOD CAFÉ

PLANT BASED RESTAURANT & WELLBEING OASIS

DAY

Wild Avocado on Toast | N S G

sourdough toast, wild leaf pesto, cashew aioli, pickled mooli, pomegranate, pumpkin seeds, chilli flakes 10.5

Chickpea Tempeh Omelette | S

with smoky chickpea tempeh bacon, courgette, trimmings kraut, bbq & hollandaise sauce 12.5

The Fully Wild Breakfast | S G

chickpea omelette with smoky chickpea tempeh bacon, avocado, sourdough toast, massaged cavolo nero, roasted pumpkin, smoky baked beans 15

Dillicious Carbonara | N S

courgette noodles in a cashew cream sauce with garlic, oyster mushrooms, kale, dill, parsley, chives and white wine 13.75

Wabi-Sabi Kale Salad | N S

with a sunflower seed sour cream dressing, pickled mooli, kimchi, activated teriyaki almonds, chestnuts, oyster mushrooms, wakame, nori, avocado, butternut squash and tenderstem broccoli 14.25

SWEET

Banana Bread Toast | N

with walnuts and dates, served with raw nutella 7.5

| add wild blueberry jam +1 |

Sweet Pancakes | N

quinoa, buckwheat & maca pancakes with matcha cream, seasonal fruit and maple syrup 10.5

PIZZAS

SERVED FROM 12.00

Classic Wild | S G

marinara sauce, pink olives, wild leaf pesto, pine nut parmesan, rocket, olive oil 13.5

Creamy Wild Mushroom | N S G

almond & shiitake sauce, marinated mushrooms, almond ricotta, truffle oil 15

Italian Meatball | N S G

marinara sauce, walnut & oyster mushroom meatballs, wild leaf pesto, marinated cherry tomatoes, pink olives, cashew cheese, rocket 14.75

| gluten zero pizza base +1 |

SIDES

Turkish Olives 4.5

Luscious Leaves | S 4.5

Sourdough Bread | G 2.75

Cheese & Onion Kale Chips | S 4.75

Sweet Potato Wedges with Cashew Aioli | N 4.5

Wild Leaf Pesto | S 2

Flatbread with Roasted Garlic Purée | S G 6

| gluten zero flatbread +0.5 |

DESSERTS

Chocolate Tart 8

Salted Caramel Slice | N S 7.5

Rainbow Cheesecake | N S 9

Gluten Free Seeded Bread is available instead of sourdough, please ask.

Not all ingredients are listed for each dish, please inform a team member of any allergy or dietary requirements. Contains: N - Nuts, S - Seeds, G - Gluten

A 12.5% discretionary service charge will be added to your bill. All proceeds go directly to our team.

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