



WILD FOOD CAFÉ

PLANT-BASED RESTAURANT & WELLBEING OASIS

Gorgeous Green Gazpacho

*avocado, celery & cucumber cold soup with tomatillo
& wakame salsa, hemp seeds, black pepper 6*

Soulful Sushi

*nori, brown & wild rice, dehydrated
oyster mushrooms, cucumber, kimchi,
avocado, sauerkraut 7*

Sunburst Salad

*watermelon, rocket, watercress, sorrel, sugar snap
peas, radish, strawberries, cucumber, hemp seeds,
lime & mint balsamic dressing 9.5*

Wabi-Sabi Salad | N

*kale, pickled mooli, kimchi, almonds, oyster
mushrooms, nori, avocado, cucumber, blueberries,
sesame seeds, sunflower seed sour cream dressing 8.5*

Fabulous Fried Rice | N

*brown rice, mushrooms, broccoli, carrot,
pepper, tofu, garlic, ginger, lemongrass, chilli,
sesame oil, toasted almonds 8*

Lustrous Linguine | G

*sautéed cherry tomatoes, basil, sunflower seed 'raw
tuna', black gomasio, garlic, olive oil 8.5*

Banana Bread | N 4

Chocolate Orange Tart | N 5.5

Rainbow Cheesecake | N 6.5

Contains the following allergens: N- Nuts, G - Gluten.

Not all ingredients are listed for each dish, please inform a team member of any allergy or dietary requirements.

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WELLNESS SHOT & JUICES

Celery Shrub Shot

lemon, ginger, celery, apple cider vinegar, black pepper 2.5

Vibrant Green

spinach, sorrel, apple, cucumber, fennel, lemon 5.5

Chasing Waterfalls

watermelon, strawberries, mint, basil 4.75

SMOOTHIES

Cherry Ecstasy

cherries, cacao paste, dates, algarroba, he-shou-wu 6.5

Berries & Cream | N

*strawberries, raspberries, cashews, coconut milk,
lucuma, maca, tremella, vanilla, Irish moss 6*

HOT & ICED SPECIALITIES

Homemade Ginger Lemonade

ginger, lemon, agave, soda water 3.5

Iced Nettle & Elderflower Tea

nettle, elderflower, lemon 3

Chai Spice | G

*ginger, cinnamon, cardamom,
nutmeg, cloves, maple, oat milk 4.5*

Mystic Matcha | G

*high-grade matcha powder,
oat milk 4.5*

COCKTAILS

Teagrani

gin, hibiscus, gentian root, orange, agave 5

Açai Royale

açai liqueur, prosecco, basil 5

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