



WILD FOOD CAFÉ

PLANT-BASED RESTAURANT & WELLBEING OASIS

STARTERS

Cauli Bites | N

*roasted cauliflower, spiced marinara sauce,
cashew aioli, parsley, mixed seeds 7*

Sea Aubergine | N

*garlic, mooli, wakame & cucumber
salad, spicy kimchi cream 7.5*

MAINS

Dillicious Carbonara | N G

*linguine in a cashew cream sauce with garlic, oyster
mushrooms, kale, parsley, dill, white wine 13*

Wabi-Sabi Salad | N

*kale, pickled mooli, kimchi, almonds, oyster mushrooms, nori, avocado, cucumber,
squash, pomegranate, sesame seeds, sunflower seed sour cream dressing 12*

Land & Sea Risotto

arborio rice, pumpkin purée, seaweed pesto, root vegetable crisps, toasted nori 12

Warming Winter Tabbouleh

*harissa roasted vegetables, tabbouleh: buckwheat,
cucumber, brussel tops, pomegranate 13*

Braised Shallot & Radicchio Pizza | N G

*almond cream sauce, braised shallots, roasted mushrooms and
radicchio rosso, castelfranco, toasted hazelnuts, balsamic glaze 13*

| add truffle oil +1.5 |

| gluten free wheat flour base available +1 |

Almost 'Nduja Pizza | N G

*marinara sauce, mushroom & sweet pepper 'nduja, wild leaf pesto,
marinated cherry tomatoes, nocellara olives, cashew cheese, rocket 13.5*

| gluten free wheat flour base available +1 |

SIDES

Marinated Olives 4.25

Simple Side Salad 3

Flatbread with Roasted Garlic Purée | G 5

| gluten free wheat flour base available +1 |

Sweet Potato Wedges with Cashew Aioli | N 4.5

Invisible Chips 3

0% fat, 100% charity, just ask

Not all ingredients are listed for each dish, please inform a team member of any allergy or dietary requirements. Contains: N - Nuts, G - Gluten.

A 12.5% discretionary service charge will be added to your bill. All proceeds go directly to our team.



ALLERGENS

STARTERS

Cauli Bites | N

mustard (removable), nuts: cashew (removable), sesame, garlic, onion

Sea Aubergine | N

nuts: cashew (removable), sesame, soy, sulphites, garlic, onion

MAINS

Dillicious Carbonara | N G

cereals containing gluten: wheat (removable), mustard (removable), nuts: cashew, sulphites (removable), garlic (removable)

Wabi-Sabi Salad | N

nuts: almond (removable), sesame, soy, sulphites, garlic, onion

Land & Sea Risotto

sulphites (removable), garlic, onion

Warming Winter Tabbouleh

sulphites, garlic

Braised Shallot & Radicchio Pizza | N G

cereals containing gluten: wheat (removable), nuts: almond, hazelnut, sulphites, garlic, onion (removable)

| gluten free wheat flour base |

cereals containing gluten: gluten free wheat

Almost Nduja Pizza | N G

celery, cereals containing gluten: wheat (removable), nuts: cashew (removable), walnut, soy, garlic, onion

| gluten free wheat flour base |

cereals containing gluten: gluten free wheat

SIDES

Marinated Olives

soy, garlic, onion

Simple Side Salad

Flatbread with Roasted Garlic Purée | G

cereals containing gluten: wheat (removable), garlic (removable)

| gluten free wheat flour base |

cereals containing gluten: gluten free wheat

Sweet Potato Wedges with Cashew Aioli | N

mustard (removable), nuts: cashew (removable), garlic (removable)