



LUNCH

Mon - Sun | 12:00-17:00

The Fully Wild Breakfast Sandwich | NG £7.5
mushroom chickpea omelette, spinach, avocado, cherry tomatoes, bbq sauce, aioli

Roasted Cauliflower Sandwich | NG £7
avocado, harissa aioli, rocket

Roasted Aubergine Sandwich | NG £7
kimchi, carrot & spring onion slaw, kimchi cashew cream

Almost 'Nduja & Pesto Sandwich | NG £7
rocket, cherry tomatoes, oyster mushrooms

DINNER

Mon - Sun | 17:00-21:00

Flatbread with Roasted Garlic Purée | G £5

Braised Shallot & Radicchio Pizza | NG £13
almond cream sauce, braised shallots, roasted mushrooms and radicchio rosso, castelfranco, toasted hazelnuts, balsamic glaze

Almost 'Nduja Pizza | NG £13.5
marinara sauce, mushroom & sweet pepper 'nduja, wild leaf pesto, marinated cherry tomatoes, nocellara olives, cashew cheese, rocket

Gluten Free Option + £1

ALL DAY

Mon - Sun | 12:00-21:00

Marinated Olives £4.25

Sweet Potato Wedges | N £4.5

Simple Side Salad £3

Cauli Bites | N £7

roasted cauliflower, spiced marinara sauce, cashew aioli, parsley, mixed seeds

Warming Winter Tabbouleh £13

harissa roasted vegetables, tabbouleh: buckwheat, cucumber, brussel tops, pomegranate

Wabi-Sabi Salad | N £12

kale, pickled mooli, kimchi, almonds, oyster mushrooms, nori, avocado, cucumber, squash, pomegranate, sesame seeds, sunflower seed sour cream dressing

Dillicious Carbonara | NG £13

linguine in a cashew cream sauce with garlic, oyster mushrooms, kale, parsley, dill, white wine

Gluten Free Option + £1

Land & Sea Risotto £12

arborio rice, pumpkin purée, seaweed pesto, root vegetable crisps, toasted nori

Sweet Pancakes | N £10.5

quinoa, buckwheat & maca pancakes, goji orange cream, blueberry jam, seasonal fruit, maple syrup

Lemon Rainbow Cheesecake | N £7

Banana Bread W/ Blueberry Jam | N £6

Chocolate Orange Slice £6