



WILD FOOD CAFÉ

PLANT-BASED RESTAURANT & WELLBEING OASIS

STARTERS

Cauli Bites | N

*roasted cauliflower, spiced marinara sauce,
cashew aioli, parsley and mixed seeds* 7

Scallops of King Oyster

*marinated king oyster mushrooms with
chestnut and a celeriac & pear puree* 8

MAINS

Dillicious Carbonara | N G

*linguine in a cashew cream sauce with garlic, oyster
mushrooms, kale, parsley, dill and white wine* 13

Wabi-Sabi Salad

*kale, pickled mooli, kimchi, chestnuts, oyster mushrooms, nori, avocado, cucumber,
squash, cranberry, hemp seeds and sunflower seed sour cream dressing* 12

The Wild Roast | N

*with tenderstem broccoli, maple roasted carrots, baby potatoes, pumpkin, celeriac &
horseradish puree and vegetable jus* 15

Warming Winter Tabbouleh

*harissa roasted vegetables, tabbouleh: buckwheat,
cucumber, brussel tops and pomegranate* 13

Braised Shallot & Radicchio Pizza | N G

*almond cream sauce, braised shallots, roasted mushrooms,
radicchio rosso, castelfranco, toasted hazelnuts and balsamic glaze* 13

| gluten free wheat flour base available +1 |

| add truffle oil +1.5 |

Almost 'Nduja Pizza | N G

*marinara sauce, mushroom & sweet pepper 'nduja, wild pesto,
marinated cherry tomatoes, nocellara olives, cashew cheese and rocket* 13.5

| gluten free wheat flour base available +1 |

SIDES

Marinated Olives 4.25

Simple Side Salad 3

Flatbread with Roasted Garlic Purée | G 5

| gluten free wheat flour base available +1 |

Sweet Potato Wedges with Cashew Aioli | N 4.5

Invisible Chips 3

0% fat, 100% charity, just ask

Not all ingredients are listed for each dish, please inform a team member of any allergy or dietary requirements. Contains: N - Nuts, G - Gluten.

A 12.5% discretionary service charge will be added to your bill. All proceeds go directly to our team.



ALLERGENS

STARTERS

Cauli Bites | N
*mustard (removable), nuts: cashew
(removable), sesame, garlic, onion*

Scallops of King Oyster
soy, celery, garlic

MAINS

Dillicious Carbonara | N G
*cereals containing gluten: wheat (removable), mustard (removable),
nuts: cashew, sulphites (removable), garlic (removable)*

Wabi-Sabi Salad
soy, sulphites, garlic, onion

The Wild Roast | N
nuts: pecan, macadamia, walnut, soy, sulphites (removable), celery (removable), garlic, onion

Warming Winter Tabbouleh
sulphites, garlic

Braised Shallot & Radicchio Pizza | N G
*cereals containing gluten: wheat (removable), nuts: almond,
hazelnut, sulphites, garlic, onion (removable)*
| gluten free wheat flour base |
cereals containing gluten: gluten free wheat

Almost 'Nduja Pizza | N G
*cereals containing gluten: wheat (removable),
nuts: cashew (removable), walnut, soy, garlic, onion*
| gluten free wheat flour base |
cereals containing gluten: gluten free wheat

SIDES

Marinated Olives
soy, garlic, onion

Simple Side Salad

Flatbread with Roasted Garlic Purée | G
cereals containing gluten: wheat (removable), garlic (removable)
| gluten free wheat flour base |
cereals containing gluten: gluten free wheat

Sweet Potato Wedges with Cashew Aioli | N
mustard (removable), nuts: cashew (removable), garlic (removable)