



# WILD FOOD CAFÉ

PLANT-BASED RESTAURANT & WELLBEING OASIS

## STARTERS

### Cauli Bites | N

*roasted cauliflower, spiced marinara sauce,  
cashew aioli, parsley and mixed seeds* 7

### Scallops of King Oyster | N

*marinated king oyster mushrooms with  
chestnut and a celeriac & pear puree* 8

## MAINS

### Dillicious Carbonara | N G

*linguine in a cashew cream sauce with garlic, oyster  
mushrooms, kale, parsley, dill and white wine* 13

### Wabi-Sabi Salad

*kale, pickled mooli, kimchi, chestnuts, oyster mushrooms, nori, avocado, cucumber,  
squash, cranberry, hemp seeds and sunflower seed sour cream dressing* 12

### The Wild Roast | N

*with tenderstem broccoli, maple roasted carrots, baby potatoes, pumpkin, celeriac &  
horseradish puree and vegetable jus* 15

### Warming Winter Tabbouleh

*harissa roasted vegetables, tabbouleh: buckwheat,  
cucumber, brussel tops and pomegranate* 13

### Braised Shallot & Radicchio Pizza | N G

*almond cream sauce, braised shallots, roasted mushrooms,  
radicchio rosso, castelfranco, toasted hazelnuts and balsamic glaze* 13

| gluten free wheat flour base available +1 |

| add truffle oil +1.5 |

### Almost 'Nduja Pizza | N G

*marinara sauce, mushroom & sweet pepper 'nduja, wild pesto,  
marinated cherry tomatoes, nocellara olives, cashew cheese and rocket* 13.5

| gluten free wheat flour base available +1 |

## SIDES

Marinated Olives 4.25

Simple Side Salad 3

Flatbread with Roasted Garlic Purée | G 5

| gluten free wheat flour base available +1 |

Sweet Potato Wedges with Cashew Aioli | N 4.5

Invisible Chips 3

*0% fat, 100% charity, just ask*

Not all ingredients are listed for each dish, please inform a team member of any allergy or dietary requirements. Contains: N - Nuts, G - Gluten.

A 12.5% discretionary service charge will be added to your bill. All proceeds go directly to our team.



# ALLERGENS

## STARTERS

**Cauli Bites | N**  
*mustard (removable), nuts: cashew  
(removable), sesame, garlic, onion*

**Scallops of King Oyster | N**  
*soy, celery, garlic*

## MAINS

**Dillicious Carbonara | N G**  
*cereals containing gluten: wheat (removable), mustard (removable),  
nuts: cashew, sulphites (removable), garlic (removable)*

**Wabi-Sabi Salad**  
*soy, sulphites, garlic, onion*

**The Wild Roast | N**  
*nuts: pecan, macadamia, walnut, soy, sulphites (removable), celery (removable), garlic, onion*

**Warming Winter Tabbouleh**  
*sulphites, garlic*

**Braised Shallot & Radicchio Pizza | N G**  
*cereals containing gluten: wheat (removable), nuts: almond,  
hazelnut, sulphites, garlic, onion (removable)*  
*| gluten free wheat flour base |*  
*cereals containing gluten: gluten free wheat*

**Almost 'Nduja Pizza | N G**  
*cereals containing gluten: wheat (removable),  
nuts: cashew (removable), walnut, soy, garlic, onion*  
*| gluten free wheat flour base |*  
*cereals containing gluten: gluten free wheat*

## SIDES

**Marinated Olives**  
*soy, garlic, onion*

**Simple Side Salad**

**Flatbread with Roasted Garlic Purée | G**  
*cereals containing gluten: wheat (removable), garlic (removable)*  
*| gluten free wheat flour base |*  
*cereals containing gluten: gluten free wheat*

**Sweet Potato Wedges with Cashew Aioli | N**  
*mustard (removable), nuts: cashew (removable), garlic (removable)*